



# Neurodivergent Hub

Join neurodivergent peers in student-focussed workshops to find strategies to help you make the most of your time at university.

You don't need a formal diagnosis to attend and there's no pressure to attend every week.



Scan to find out more  
**Neurodivergent Hub Programs**

# Neurodivergence and Wellbeing

## Feeling overwhelmed?

Attend a workshop and  
build your study toolkit



**Scan to register for**  
Neurodivergence and  
Wellbeing and other programs.



CREATE CHANGE

### Student Workshops

Four one hour sessions held  
throughout the Semester

Build a tool kit to support your study  
at university through neurodivergent-  
focussed exploration of topics like:

- Connection
- Emotion regulation
- Burn out
- Purpose

Learn more about support for neurodivergent  
students at [my.uq.edu.au/neurodivergent-hub](https://my.uq.edu.au/neurodivergent-hub)